

'I felt seen and heard, as a disabled person and as a dancer.'

'I enjoyed the diversity of all the people involved.'

'The amount of hard work that has been put into place to put this pilot program together is clear to see. The quality of teaching and the teachers teaching on the program it's awesome, thank you.... I can't wait to learn more. I'm still on a high and can't wait for the sides to come available so I can go over everything again.'

'Overall the first weekend was brilliant. I'm so excited for the rest of the training. Big thumbs up.'

'I thoroughly enjoyed the training. The facilitators are all lovely. I really had an exhilarating experience...I'm really looking forward to more!'

'I am overall so happy to be part of the IDC course and excited for the next weekend! I love the acceptance, joy, enthusiasm and love embodied by both the leaders and the participants in this group.'

'Very informative. Very helpful to help me know the right approach to take within working in a team with care and respect, being mindful to others, meeting them where they are at.'

'I'm so excited at all the possibilities this course has to offer and I'm enjoying every aspect of it.'